

What's New in the Chapel Collection?

Spirited Readings Series Review
from the Adoration Chapel Librarian



Ponder in your heart. At the close of every chapter in Dr. Scott Hahn's *Signs of Life: 40 Catholic Customs and Their Biblical Roots*, he adds three or four paragraphs asking the reader to prayerfully reflect on faith-shaping commentary from the meritorious pens of one the Fathers of the Church. For example, passages from St. Augustine of Hippo finish the section that vigorously explains and defends the Catholic devotion to the intercession of the saints. From the use of holy water to grace at meals, from guardian angels to incense, and from the Holy Sacrifice of the Mass to the practice of novenas, Dr. Hahn's spirited, Bible-based explanation of customs is ripe with clearly presented historic background and uncluttered, straight-to-the-heart-of-the-matter clarifications of why Catholics do what we do and believe what we believe.

In this Year of Faith, we are especially called to share the truth of our Catholic beliefs. The nearest street corner may be a bit daunting for most of us, but as Catholic Christians the zeal of our spirits can glow more intensely with a deeper knowledge of the customs and traditions of our faith. *Signs of Life* offers 101-style information in easy to read chapters ideal for an hour of prayer and meditation in the adoration chapel. Scott Hahn gently reminds us that "we are pilgrims treading a narrow road to a narrow gate- in a great adventure." It is perfectly true. Being Catholic is a demanding journey, a great adventure of mind, heart and spirit. So, we must ponder in our hearts and in that hushed retreat, may we be open to the sweet whispers of Jesus and subtle tug of the Holy Spirit in guiding our thoughts and actions.

Dr. Scott Hahn teaches at the Franciscan University of Steubenville and is the founder and president of the St. Paul Center for Biblical Theology. He is also the author of *The Lamb's Supper*.